

# 100 Ways to Support a Sibling

You are special for who you are - How was your day? - What can I do for you right now? - You are spectacular - I'm thinking about you - You're a trooper - You're incredible - Always believe in yourself - You are important - You are super special - Outstanding job - Excellent - Great - Awesome - You are wonderful - You're one of a kind - You make me smile - Terrific job - You've got such strength - I'm so proud of you - You mean everything to me - I miss you - I know this is hard for you too - You really are a star - Good for you - You make me happy - You are loved very much - You are a fighter - You are smart - I admire your courage - You are a great kid - WOW - You are special to me - You belong - You are so helpful - You're handling things like a champ - I know this isn't easy - Let's do this together - You are super - I love your laugh - It's ok to feel that way - Your smile lights up the room. - You're fun to be with - I'll always love you - You are funny - I think about you a lot - It's ok to cry - I'm proud of what you are doing - How can I help support you? - What do you need? - Thanks for being you - Did you have a good day? - What makes you happy? - It's ok to be scared - I can't wait to see you - Let's have a special day together soon - Magnificent! - I love you - Always have hope - Hugs and love - You are stronger than you think - You can always talk to me - I'm here for you - I will listen - Do you need anything? - How do you do it? - What can I do? - Bravo! - You are unique - There's no one like you - You're so helpful - I'm so happy you're here! - You are really growing up - You've got a friend - I'm impressed - Be proud of yourself - Are you OK? - Do you have questions? - It's ok to be sad - It's ok to be happy - We're in this together - I'm lucky to have you - You're not alone - You are needed - You are beyond compare - How is school? - Can I help you with your homework? - FANTASTIC! - You're not forgotten - Do you want to talk? - What would make you feel better? - Let's go for a walk - Let's go get ice cream - It's great to see you - What a beautiful face! - You're a hero - You are perfect just the way you are! - You can do it! - I admire you - You are a Supersib!

